

**ELITE**

**PERFORMANCE**

**MOST DIRECT PATH RESOURCE**

# How Each Archetype Struggles with Taking the Most Direct Path & the Solution

ARCHETYPE	CHALLENGE	WHAT HAPPENS WITHOUT THE DIRECT PATH?	MOST DIRECT PATH BREAKTHROUGH QUESTION
GO HARDER GUY	<ul style="list-style-type: none"><li>• Confuses effort with effectiveness.</li><li>• Spreads himself across too many activities instead of locking in on the one that matters most.</li></ul>	<ul style="list-style-type: none"><li>• Defaults to maximum effort in everything, including tasks that don't move the needle.</li><li>• Burns out and underperforms on what truly counts.</li></ul>	If you could only work four hours per day, what one to three actions would make the biggest difference?
MR. NICE GUY	<ul style="list-style-type: none"><li>• Prioritizes avoiding conflict over achieving his goals.</li><li>• Overcommits to clients, obligations, and relationships instead of pursuing his real objective.</li></ul>	<ul style="list-style-type: none"><li>• Defaults to the path of least discomfort instead of the path of greatest impact.</li><li>• Plays it safe and misses opportunities.</li></ul>	What is the most effective way to achieve your Seasonal Focus, no matter what others think?
SOMETHING TO PROVE GUY	<ul style="list-style-type: none"><li>• Resists proven solutions and simple approaches.</li><li>• Tries to reinvent the playbook.</li><li>• Builds complex systems to show capability.</li></ul>	<ul style="list-style-type: none"><li>• Defaults to optimizing for appearances, not outcomes.</li><li>• Works twice as hard for half the results by chasing approval over efficiency.</li></ul>	What is the simplest and fastest way someone with half your skills would get this done?