

ELITE

PERFORMANCE

EXTREME CLARITY RESOURCE

How Each Archetype Struggles with Clarity & Focus

ARCHETYPE	CHALLENGE	WHAT HAPPENS WITHOUT A SEASONAL FOCUS	SEASONAL FOCUS BREAKTHROUGH QUESTION	ELITE TIP
GO HARDER GUY	<ul style="list-style-type: none">• Confuses activity with progress.• Believes pushing harder will solve everything.• Juggles too many priorities and fills his calendar without strategy.• Avoids slowing down long enough to ask if he is working on the right things.	<ul style="list-style-type: none">• Defaults to taking on more than he can handle.• Gets B grades in everything instead of A+ results in what matters most.	<p>If you could only achieve one thing in the next three months, what would create the biggest impact?</p>	<p>Slow down and simplify. Write out every goal, then cut everything except the one that will have the biggest impact. Put all your energy into that. Success comes from doing less, not more.</p>
MR. NICE GUY	<ul style="list-style-type: none">• Avoids picking a direction out of fear of being accommodating or letting people down.• Says yes to everything and waits for permission to pursue real goals.	<ul style="list-style-type: none">• Defaults to pleasing others and overloads himself.• Never finds time to build something meaningful for himself.	<p>What's the one thing you know would make the biggest positive impact for you personally if you achieved it?</p>	<p>Stop putting everyone else's needs ahead of your own. You don't need permission or approval. The discomfort of saying no will pass, but the results will last. Focus on what truly serves you.</p>
SOMETHING TO PROVE GUY	<ul style="list-style-type: none">• Makes life harder than it needs to be.• Chooses the toughest path instead of the simplest and most profitable.	<ul style="list-style-type: none">• Defaults to overcomplicate things to prove a point.• Picks projects that impress others instead of what would serve his life and business.	<p>If you could never tell or show anyone what you accomplished, what would you focus on?</p>	<p>Life is short. Asking "what will look impressive?" is a terrible way to make decisions. Find the easiest path to get what you want. Stop letting emotional needs set your targets and start taking every shortcut you can toward success.</p>